

Supplementary information about your out-patient hysteroscopy

Information for women

You are scheduled to have a hysteroscopy as an out-patient at the Royal Free London. More information about this procedure is available on the Royal College of Obstetricians and Gynaecologists (RCOG) website: www.rcog.org.uk/en/patients/patient-leaflets/outpatient-hysteroscopy

Your hysteroscopy will take place at:

- ☐ 5 East A, 5th floor, Royal Free Hospital
- ☐ Gynaecology colposcopy clinic, main out-patients, level 1, Barnet Hospital
- ☐ Zone M, Chase Farm

On:

Date:..... Time:

Before your appointment

You may be asked to provide a urine sample for pregnancy testing when you attend your hysteroscopy appointment. You will be provided with a urine specimen container on arrival. If you are pregnant your hysteroscopy will need to be cancelled.

Please remember to take some pain relief medication as recommended in the RCOG leaflet one to two hours before your hysteroscopy.

Contact us

If you have any queries or any concerns relating to appointments only, please contact:

Royal Free Hospital

Telephone: 020 7794 0500 extension 36652, Monday to Friday, 8am-4pm.

Barnet Hospital

Telephone 020 7794 0500 extension 31699 Monday to Friday, 8am – 4pm.

If a nurse is not available at the time, your details will be taken, and a nurse will return your call.

After the procedure

Outside of the above hours you can call NHS 111 and speak to a highly trained adviser. They will ask you a series of questions to assess your symptoms and immediately direct you to the best medical care for you. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones. Alternatively, please attend your nearest emergency department.

We will provide you with a leaflet after your procedure with information on what to expect and signs/symptoms to look out for. The leaflet 'Information following your out-patient hysteroscopy' is available on our website: www.royalfree.nhs.uk/services/services-a-z/gynaecology.

Your feedback

If you have any feedback on this leaflet, please email: rf.communications@nhs.net

Alternative formats

This leaflet is also available in large print. If you need this leaflet in another format – for example Braille, a language other than English or audio – please speak to a member of staff.

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