

Having a blood test at Barnet Hospital

A blood test can tell your doctor if there is anything wrong with you.

This leaflet explains what will happen when you have a blood test in the blood test department at Barnet Hospital.





Blood tests can be taken by a nurse, doctor, or a phlebotomist.

A phlebotomist is a health worker who takes blood tests – they wear a grey uniform.



In the main Barnet
Hospital building ground
floor. Follow signs for
'Blood tests' which is
located on level 0.



Tell the receptionist that you have arrived for your blood test.



Take a seat in the waiting room.



Your name will come up on the TV screen when it's your turn. A number will appear next to your name. When your number is called, please go to the bay with the same number.

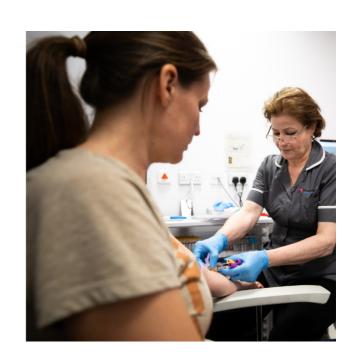


A blood test room looks a bit like this. Please sit down on the chair.

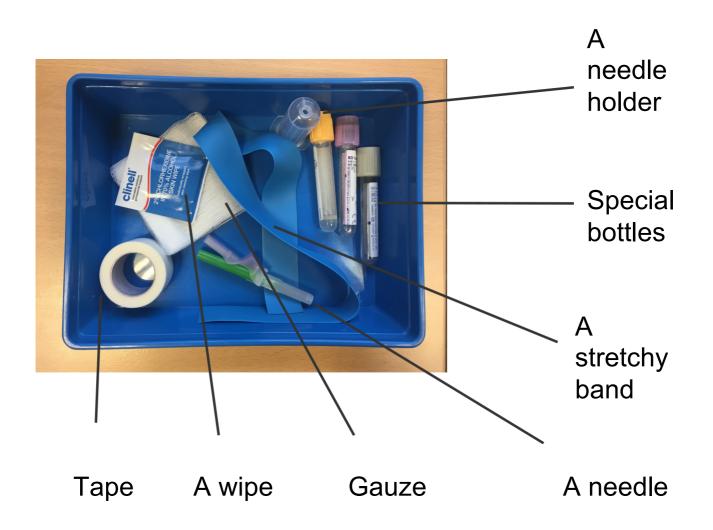
Blood will usually be taken from your arm.



Please take off your jacket and roll up your sleeve.



This is what we may use to take your blood:



The phlebotomist will ask you for your name and date of birth.



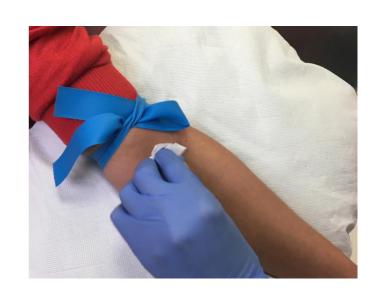
They will ask:

Can we take your blood, please?

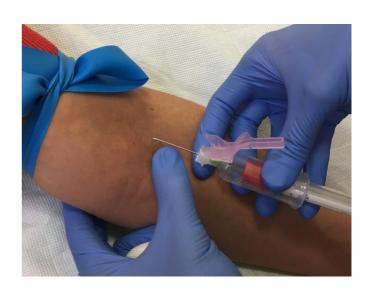
They will tie a band around your arm – this may pinch a little bit.



They will touch your arm to look for a vein and clean your skin.



You may feel a scratch as the needle goes into your arm.



Blood will be collected in a special tube.



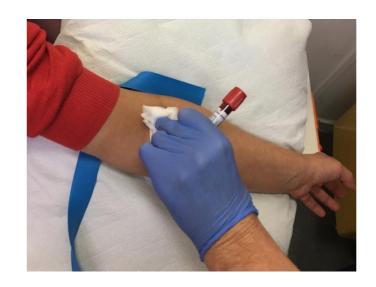
They may need to take more than one tube.



The phlebotomist will untie the band and take the needle out.



They will press hard on your arm with a piece of gauze to stop any bleeding.

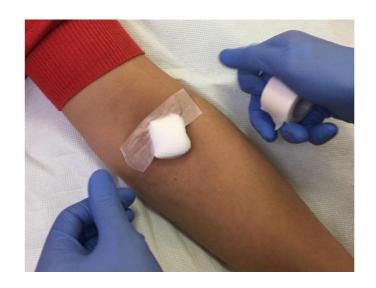


They will ask you to hold the gauze on your arm for a short while.



They will tape a piece of gauze on your arm.

You can take this off later.



Your blood test is now finished.



The results will be sent to your doctor who will explain them to you.



Do you need more help?

Contact our acute liaison nurses:

Barnet Hospital

Phone: 020 8216 4474



Email: <u>rf-tr.acuteliaisonnurses@nhs.net</u>

© Royal Free London NHS Foundation Trust

Service: Phlebotomy Version number: 1

Leaflet reference: RFL1235ER

Approval date: May 2025 Review date: May 2028

www.royalfree.nhs.uk